ARC Alumni Newsletter July - August '16

The ARC Alumni (Est. February 2013) was created to help each other stay clean and sober through group activities, fundraising events, providing residential/post residential assistance, introductions to 12 step programs and general support for our Brothers and Sisters!

ARC Community Nights

All Alumni are welcome to participate (unless prohibited from the building) in ARC community nights/Ice cream socials at the residential building, 1003 W. Main St. on the 4th Sunday of each month from 7 – 8 PM. This serves as a great opportunity to let clients

This serves as a great opportunity to let clients know more about the alumni goals and give them safe people to reach out to once they are finished with inpatient. Please join us for fun and fellowship with ARC clients



Have 2 years sober and a valid driver's license? Residential is looking for volunteers to give clients rides to and from meetings, and doctor/court appointments as well as drivers to take clients to meetings and events on the bus. Please contact Rosie E. @ (541) 779-1282 ext. 117 for the bus application.



Rick helping an ARC client with her giving back project!



Alumni Sobriety Birthdays

Kathi Paxton – 7/15/2014 *Happy Birthday to you!*

Upcoming Events

ARC Community Night/Ice Cream Social July 24th 7-8 PM

Alumni Rafting Trip July 30th

We will meet up in Shady Cove at 11 AM. The cost is \$15.00 per person. Please bring your own drinks and snacks. You can contact Tina M. at (541) 531-1074 for more info.







Recovery Potluck August 13th 11 AM — 1:30 PM
Stewart Park aka Fichtner Mainwaring Park

Join us for some fun in recovery! All families are welcome.

Please bring a side dish to share and a chair!

Potluck starts at <u>11 AM</u>
Hot Dogs provided and served up at <u>12 PM</u>
ARC Alumni Speaker at <u>12:30 PM</u>

Connect with us online! Please join the <u>ARC Alumni</u> Group on Facebook for more information.

