

ARC ALUMNI NEWSLETTER AUGUST 2017

The ARC Alumni (Est. February 2015) was created to help each other stay clean and sober through group activities, fundraising events, residential/post residential assistance, introductions to 12 step programs and general support for our Brothers and Sisters!

UPCOMING EVENTS



Alumni Rafting

Sunday August 6th @ 10:30 AM
Rapid Pleasure, Shady Cove, OR

The Alumni will be putting on a rafting trip! Price is estimated at \$15.00 per person and may vary depending on how many people show. Please contact Tina M. to pay and secure your spot @ 541-531-1074. For safety reasons, this is an adult-only trip.



Carwash Fundraiser

August 19th @ 11 AM – 3 PM
1003. W Main St

Carwash season is here! Please stop by residential to get your car washed for a good cause!



Community Night/Ice Cream Social

August 27th 7-8 PM
1003 W. Main Street

All Alumni are welcome to join us! Come get to know ARC clients over ice cream, games and fellowship!



Recovery Potluck August 27th 11 AM
Stewart Park (Fichtner Mainwaring Park)
Join us for some fun in recovery! All families are welcome.

Please bring a side dish to share and a chair! Hot dogs served at 11:30.

ARC Alumni Speaker Manny P. at 12:30 PM. *You can also cast your vote for alumni of the year!*



The ARC inpatient is in desperate need of the following toiletries for clients: Shampoo, conditioner, body wash/soap, lotion, razors, deodorant etc.



2 clients are also ***expecting babies very soon*** and could use donations of diapers, wipes and newborn clothing (there will be 1 baby boy and 1 baby girl!).

If you are able to donate, please contact Ralph T. @ 541-621-3429.

Anything helps and we thank you for your support!

August

2017



** Sobriety Birthdays listed by name and year. **Happy Birthday to you!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 Alumni Rafting 10:30 AM **Lynna D. 2006**	7	8 **Sue G. 2014** **Jay S. 2015** **Ty G. 2016**	9	10	11	12
13	14	15	16	17	18	19 Carwash 11 AM – 3 PM **Jenny H. 2015**
20	21	22	23	24 D.O.T.R Men's Campout	25 D.O.T.R Men's Campout	26 D.O.T.R Men's Campout
27 Recovery Potluck 11AM Ice Cream Social/Community Night 7-8 PM	28	29	30	31		

Connect with us online! Join the [ARC Alumni Group](#) on Facebook for more alumni news and opportunities.