



ADDICTIONS RECOVERY CENTER, INC. RECOVERY TIMES

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FALL 2008

JACKSON COUNTY YOUNG PEOPLE GIVE OF THEMSELVES TO AID THE ARC

Jackson County youth are discovering that it is never too early to lead a philanthropic lifestyle. In April, students from St. Mary's School came to the ARC for a day of service to others. While here, they planted a tree, revamped our flowerbeds, and cleaned up the volley ball courts and recreation area.



Also in April, students from Washington Elementary School visited the ARC as part of their Community 101 project. This program is a civic engagement and student grant making program sponsored by the PGE Foundation. Students learn what philanthropy is and its value to their community. It empowers youth with the knowledge that they can make a difference in their communities. The ARC matched their mission statement requirements, and awarded us a grant to

create a "Serenity Garden" at our Main St. location. The grant was funded by Medford philanthropist Patsy Smullin, and the plans were drawn up and donated by Tracy Goodrich of Southern Trace Land Design, LLC. Watch for completion of this project in September.

As an aside, when looking at the statewide participants in the Community 101 project, it is notable that most of the groups participating are High School level, or even Middle School level groups. Here in Medford, it is refreshing to see that our youth are being taught that it is never too early to reach out and give of yourself to others! We are grateful for the gifts we have received, and so impressed by the donors! A previous Community 101 gift remodeled the "Inspiration Room" in our resident quarters, and Washington School 1st, 2nd and 3rd graders created the two beautiful murals in our front reception area.

WHAT'S IN A NAME?!

Rogue Valley Addictions Recovery Center has changed our name! In reflection of our wider recognition and broader sphere of operations, we have removed Rogue Valley from our name, and now operate as you know us best, Addictions Recovery Center, Inc.! Same location, same great individualized attention, serving clients from all areas- not just the Rogue Valley- "**Addictions Recovery Center, Inc.**" better reflects our mission to help all individuals and their families choose a healthier way of life. If you or someone you love is ready for a life change, give us a call at 779-1282 to make an inquiry.

Great decision – Treatment Works!

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OUR MISSION

The mission of Addictions Recovery Center is to provide the opportunity for individuals and their families to choose a healthier way of life.

OUR VISION

To guide a human life from pain and fear and despair to joy and serenity and hope - for a lifetime of complete healing for individuals and families and the community.



To schedule a personal tour of the facility, please call Chris Mason at 779-1282, ex 126.

34TH ANNIVERSARY CELEBRATION

is fast approaching! This year the dinner/auction will take place at Medford's Red Lion Inn from 2 until 5 in the afternoon. Chris Corcoran of Liberty Bank will lead the program as Master of Ceremonies. Gayle Wilson, Del Carver, and Jeff Addison return to provide music.

Don't miss out on the fun! Call us, Email, Fax, or Write to us and reserve your tickets now!

Individual Tickets: \$40.00

Sponsor a table of 10: \$400.00

GALA MENU

Macadamia Chicken or
Medley of Roasted Vegetables in Pastry
Salads and Side Dishes
Desserts

*A Keepsake for every guest
provided by Harry & David*

SUPPORT ADDICTIONS RECOVERY CENTER, INC.

With the economy hurting so many on so many levels, why spend money on addiction and alcoholism treatment?

The fact is substance abuse costs a lot of money through police, courts, emergency rooms, auto accidents, unwanted teen pregnancies, foster care, jails, prisons, health disorders and medical care, work place accidents, worker's compensation, lost

productivity, increased sick time, and public assistance, among many other expenses. It is also a fact that hundreds of recent cost-benefit studies reveal that for every dollar invested in treatment in Oregon, \$5.60 is saved in other costs. Currently, Addictions Recovery Center saves \$10 million in other costs to our community.

We all want safer neighborhoods and better schools. We'd all like to see more affordable, comprehensible medical services, and we're all in favor of greater productivity and opportunity. These are all compelling desires that should encourage every one to make a charitable investment in the Addictions Recovery Center, Inc. and its diverse treatment programs! Our client completion rate averages 78%.

These programs have human faces. For instance, did you know that 49.3% of women in recovery regain custody of their children? This saves taxpayers the expense of foster care and further child welfare services, and it ruptures the economy-sapping cycle of addiction, abuse, and crime. But even more to the point, donations compassionately build stronger, safer, and happier families and communities.

Invest in the Addictions Recovery Center, Inc. today.

For more information, tickets, or to donate time, talent, or auction items, call

Robert McDowell, Event Coordinator at
779-1282 ex 128 or email
robertm@addictionsrecovery.org

ADDICTIONS RECOVERY CENTER, INC.

IS THE ONLY LOCAL PROVIDER TO OFFER THESE SERVICES:

- Adult Residential Treatment -- on a sliding fee scale
- Full assessment services on demand at our 'Walk-In Clinic'
- Professionally facilitated Intervention Services

ADDICTION RECOVERY CENTER, INC EMPLOYS:

- A certified pain management counselor, for clients with combined addiction and chronic pain.
- A medical director, Jim Shames M.D. with an addiction disease specialty
- A registered nurse and certified addiction counselor Norene McElreath CADC RN.

Great decision – Treatment Works!

ADDICTIONS RECOVERY CENTER, INC. ELECTS NEW BOARD MEMBER

At its August 19th meeting, Addictions Recovery Center, Inc. elected Erik Larsen to serve on the Board of Directors.

An attorney with Hornecker, Cowling, Hassen & Heysell, LLP, Erik was raised in New Jersey and Maine. Erik earned his BS in Business Administration from the University of Maine; graduated Northwestern School of Law at Lewis and Clark College, cum laude, in 2003; and in 2004, earned a Master of Laws in Taxation from New York University School of Law. He provides assistance with income, estate and gift tax planning.

Outside of work, Erik is a dedicated whitewater kayaker. He believes in the ARC mission, and finds us to be an important resource in the valley. We think the same of him.

3RD ANNUAL RECOVERY FAIR

The Addictions Recovery Center wants you to know that September is National Alcohol and Drug Addiction Recovery Month. Sponsored by NAADAC, the Association for Addiction Professionals, and the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, this year's theme "Join the Voices for Recovery; Real People, Real Recovery," recognizes the impact that real people and real stories have on recovery and celebrates those who have worked to advance the treatment and recovery landscape. This is the 19th annual celebration, and includes September 20th, which is designated as Addiction Professionals' Day.

Locally, on September 10th from 11AM to 4PM, staff and supporters of the Addictions Recovery Center will join with concerned Medford individuals and organizations in the plaza at the Justice Building at 100 South Oakdale, for the Third Annual Recovery Fair. Statistics show that 22.5 million Americans suffered substance dependence or abuse in the past year, and that as many as 74% of Americans say addiction has had some impact on them at some point in their lives.

The ARC will showcase resources for recovery, as well as having our own Chef Michael Ames working his magic at the Bar-B-Q pit. If you attended the Moore Center Open House in July, you know what a treat that is! Testimonials from "real recovering voices" will be heard and you are encouraged to add your own voice to the chorus.

Other community collaborators include Jackson County Health Department, Community Family Court Alumni Council, the Family Nurturing Center, local Oxford Houses and other treatment providers. There will be a kids booth, HIV and Hepatitis screenings, and much more.



CHEFS MICHAEL AND DAN AT THE MOORE CENTER OPEN HOUSE

Come join your friends from the ARC for an afternoon of fellowship, information, food and fun; and find out how you can be a part of the positive change happening in our community.

UNTREATED ADDICTION COSTS YOU \$5.93 BILLION

Oregonians are calling for expanded addiction prevention, treatment and recovery services because they say untreated drug and alcohol abuse is costing the state an estimated **\$5.93 billion a year**. This represents four percent of the 2006 gross state product, or \$1,600 per person, according to the just-released 2008 "Oregon Speaks: Community Addiction Services Investment Strategy." Researchers said substance abuse costs Oregonians \$813 million for health care, \$4.15 billion in lost earnings, and \$967 million for law enforcement, criminal justice, social welfare and other expenditures **each year**.

Key in this report is that more than 150 people across Oregon shared their top priorities for battling Oregon's substance abuse issues. The human toll from substance abuse is alarming. 258,000 Oregonians suffer from substance abuse or dependence issues, but only 60,000 people use publicly funded treatment programs each year, demonstrating the need for greater capacity for prevention, treatment and recovery services, and the need to get more people with substance abuse issues into treatment.

The report recommends that new treatment funds go for outpatient services for uninsured workers and culturally specific treatment. It calls for an increase in certain fees to stabilize the system. Recovery investments would be used to help more Oregonians transition into a recovery lifestyle and maintain long-term recovery. Prevention dollars would be aimed at a variety of evidence-based family and school programs, and strategies that emphasize health and wellness.

"This treatment strategy report represents the most comprehensive look ever into Oregon's need for addiction services," said Bob Nikkel, DHS assistant director for addictions and mental health. "As we increase recovery care services, we expect to see more people sustaining long-term recovery from addictive diseases, less crime, a more effective workforce and more stable families with fewer children taken into foster care because of parental addiction."

Read the entire strategy plan, available on the Oregon Department of Human Services Web site at www.oregon.gov/DHS/addiction/docs/addictions-strategic-plan.pdf.

Addictions Recovery Center

**1003 W. Main Street
Medford, Oregon 97501
Phone: (541) 779-1282
Fax: (541) 608-2888
www.addictionsrecovery.org**

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Editor— Kelley Smith

ADDICTIONS RECOVERY CENTER IS
PROUD TO BE A UNITED WAY AGENCY.



Message From The Director



If there is any one unyielding constant, it is change. Our new fiscal year which began July 1 is no exception and so far promises to be one of transition and in some ways, uncertainty. The uncertainty lies in the shape of our economy which has hit many businesses and individuals. Sadly, we have had to initiate some staff layoffs because of revenue reductions and increased costs. Additionally, further limited resources for individuals will make access to treatment services difficult for some (one OHP Managed Care company has limited treatment providers). Oregon is in the top 5 in the Nation per capita for drug and alcohol problems. Sadly, Oregon is 45th in the Nation in offering funded treatment.

Addictions Recovery Center has long been a part of the solution. To that end, ARC has implemented a 'Walk-in Clinic' Monday through Friday mornings; to provide our community with immediate access to treatment. We remain optimistic in spite of current economic trends. We have planned for difficult times and we will weather this difficult period much as we have in the past. Our mission, sense of purpose, commitment to excellence and dedication to providing quality addictions treatment services at the lowest possible cost has been our stock in trade. We have been in the Rogue Valley for 40 years (incorporated 34) and we expect to continue serving our community far into the future. Together we continue make a difference.

Warm regards,

Chris

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**Addictions Recovery Center, Inc.
1003 W. Main
Medford, OR 97501**